

Get Energized! Get Revitalized! Get Migunized!



MIGUN Jade Thermal Massage Bed

Possible Initial Reactions

As with any type of new physical exercise, there is the possibility of some type of temporary discomfort in the beginning stages. Please be aware of the following:

Minor aches and pains. During the first few treatment sessions on the MIGUN Thermal Massage Bed, you may experience some minor discomfort in the shoulder, spine, lower back or hip areas. These are areas that typically need the most work. These minor pains are just showing the bed is doing its job working in those specific areas. Remember the old saying "there is no gain without pain". Don't worry; this discomfort normally disappears after 3 to 5 visits on the Massage Bed.

DETOXIFICATION: Use of the MIGUN Jade Thermal Massage Bed tends to remove built up toxins within the body. Depending on your specific levels, one or more of the following could occur: Discharge of undigested matter in the bowel, pimples, or bad breath. Also, nausea or slight headaches have been reported.

VERY IMPORTANT: To help flush away these and other freed-up toxins, drink a minimum of 8 to 16 ounces of water after each treatment; more is better. This will greatly diminish the noticeable physical effects of the detoxification process and help it along. These reactions are actually very healthful; it's the action of the body cleansing itself. This too will pass, usually within a few days to two weeks.